Seasonal influenza (or flu) is a serious disease that can affect everyone, including you, regardless of your age, gender, or health condition. Preventing you from catching the flu will generate not just better health for you but also social and economic benefits for the community. This is precisely why taking a flu shot every year at your workplace is your employer's best health buy and a significant contributor to protecting you and your family, and creating healthier working environment.

At the start of each flu season, workers and their families should get their flu shots and ask others to do the same. Stop the spread and spread the word!

In an influenza epidemic, the top five sectors that are the most affected are:

1. Social assistance
2. Hospitals, nursing, and residential care facilities
3. Ambulatory health care services
4. Construction
5. State and local government enterprises

Those with the highest economic losses are:

1. Public sector at local and federal levels
2. Various professional, scientific, and technical services
3. Legal services
4. Other services, apart from public ones

Over 30 countries recommend flu vaccination to some or all workers outside of the healthcare profession and over 40 countries recommend seasonal flu vaccination to healthcare professionals.

In the US alone, some 32,000 hospitalizations annually are flu-related. The likely productivity losses due to flu sickness and death can account for about USD 16.3 billion every year.

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1.那些年老50-64岁，流感类疾病是流感季节期间流感患病日的45%。流感季节（2）

32,000

In the US, some 32,000 hospitalizations annually are flu-related. The likely productivity losses due to flu sickness and death can account for about USD 16.3 billion every year (3)

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